



GLOBAL NURSING EXCHANGE: EXPERIENCES FROM THE "HOW DO YOU DO IT" ONLINE SESSIONS BY THE EBMT NURSES GROUP PAEDIATRIC COMMITTEE

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BACKGROUND

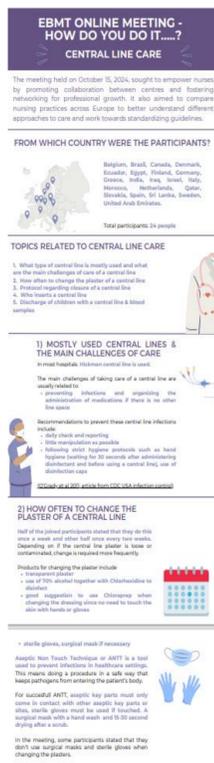
In 2024, the EBMT Paediatric Nursing Committee launched a series of online sessions titled "How Do You Do It..." to facilitate the exchange of working methods among paediatric nurses within and beyond Europe. The aim of these sessions is to provide an accessible platform for sharing knowledge and clinical practices, thereby contributing to improved quality of care. These sessions also help identify gaps and variations in nursing practices that may require further attention or harmonization. Since 2024, the committee has organized one-hour interactive online meetings using an interactive audience-engagement platform, addressing topics such as isolation practices, discharge after HSCT, central line care, and pain management. The results of this meeting are visualised in an infographic. To assess the perceived value of these sessions and the need for continuation, an evaluation was conducted.

SURVEY

A survey was distributed in September–October 2025 to all participants who had attended at least one session. Responses were collected using a five-point Likert scale ranging from "strongly agree" to "strongly disagree."

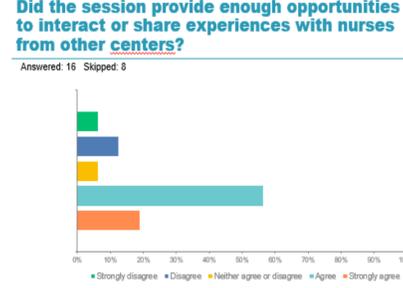
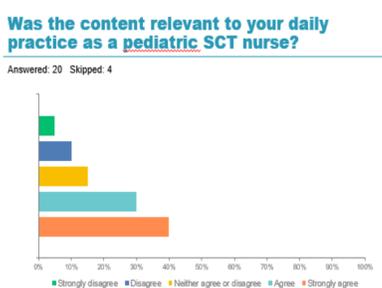
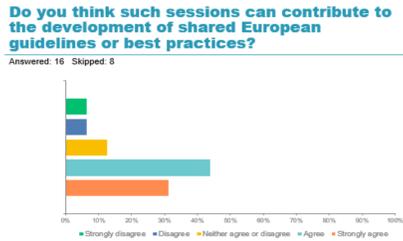
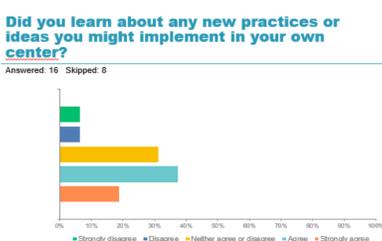
PARTICIPANTS

24 nurses participated (17 from Europe, 7 from outside Europe). Individual questions received 16–20 responses.



RESULTS

70% reported the content was relevant to daily practice. ~50% learned new practices or ideas for implementation in their own centers. Participants highlighted valuable insights into procedures, materials, and strategies for clinical collaboration. 75% believed the sessions could support the development of shared guidelines



FEEDBACK

The survey also included open-ended questions to collect feedback and suggestions for the organizers. Participants were asked: *Do you have any additional suggestions for improving the format, timing, or delivery of future sessions? What other topics would you like to see covered in future sessions?*

The responses provided valuable insights, highlighting participants' ideas for enhancing future sessions and identifying topics of interest for upcoming discussions.

"It's not easy for us, nurses, to have a place to share. That's why I enjoyed it the most."

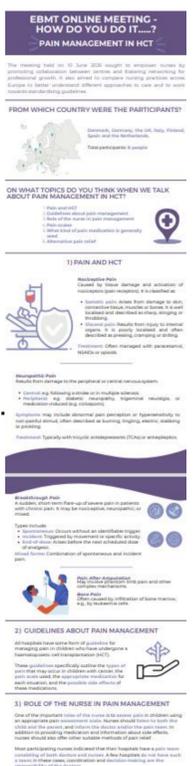
"Exchanging ideas with colleagues in other countries in a low-threshold format is very valuable."

Suggestions for improving sessions

- Format & Delivery**
 - Continue online, interactive sessions
 - Include introductory presentation for newcomers.
- Timing**
 - Scheduling is challenging; consider work commitments.
- Language & Participation**
 - Support for non-native English speakers. Encourage inclusive environment.
- Feedback & Evaluation**
 - Keep structured post-session evaluations.
 - Share results or links directly.

Suggested topics for future sessions

- Innovative & emerging topics**
 - Gene therapy, CAR T.
- Practical & home Care**
 - Personal hygiene, skin care, home recommendations.
 - Supporting children during isolation.
- Transition & Preparation**
 - Paediatric → adult care transitions across countries
- Clinical & Treatment focus**
 - Post-HSCT complications, GvHD care, long-term follow-up, nutrition, exercise, skin care



CONCLUSION

The "How Do You Do It..." sessions are widely perceived as a valuable way to share knowledge, exchange working methods, and strengthen connections among paediatric nurses across and beyond Europe. Based on the positive evaluation, the EBMT Paediatric Nursing Committee will continue offering these sessions. Future topics will include gene therapy, GvHD, skin care, apheresis, and cultural differences.

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